

PART 4 EMPOWERED MINDSET COACHING MINI-TUTORIAL VIDEO TRAINING SERIES WITH LOUISE ANNE MAURICE





ABUNDANCE

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MINDSET

MISTAKES TO AVOID

WHEN PEOPLE HAVE ABUNDANCE MINDSET MISHAPS, HOW DOES IT SHOW UP?

- 1. LISTEN TO THE DETAILS OF THE CASE-STUDY**
- 2. WHAT IS THEIR ATTITUDE?**
- 3. WHAT IS THEIR POINT OF VIEW OR PERSPECTIVE?**
- 4. WHAT LANGUAGE ARE THEY USING?**
- 5. DO YOU RECOGNIZE THIS PERSON?**



WHAT WAS THEIR ATTITUDE LIKE?

- In psychology, an attitude refers to a **set of emotions, beliefs, and behaviors toward a particular object, person, thing, or event**. Attitudes are often the result of experience or upbringing, and they can have a powerful influence over behavior.

WHAT WAS THEIR POINT OF VIEW OR PERSPECTIVE?

- Perspective or Point of View – How they SEE everything.

WHAT LANGUAGE DID THEY USE?

- What words did they use and what meaning did they give those words?

DID YOU RECOGNIZE THAT PERSON?


- Describe this person. What is their personality like? What temperament do they have?

ABUNDANCE DEFINITION

abundance noun



Save Word

abun·dance | \ ə-ˈbən-dən(t)s  \

Definition of *abundance*

- 1** : an ample quantity : an abundant amount : PROFUSION
// a city that has an *abundance* of fine restaurants
- 2** : AFFLUENCE, WEALTH
// a life of *abundance*
- 3** : relative degree of plentifulness
// low *abundances* of uranium and thorium
— H. C. Urey

USE HUMANISTIC PSYCHOLOGY

EMPOWERED MINDSET SOLUTIONS

TO SUPPORT ABUNDANCE MINDSET

- 1. How can you use Humanistic Psychology to develop a Changes in Mindset Technique?**
- 2. What Mindset Coaching Questions can you develop?**



HOW TO USE HUMANISTIC PSYCHOLOGY TO DEVELOP MINDSET COACHING QUESTIONS

- **STEP #1** – THINK ABOUT THE PEOPLE YOU COACH, CONSULT OR LEAD. WHAT GOALS DO THEY WANT TO ACHIEVE?
- **STEP #2** – WITH THIS INSIGHT, REVIEW THE WIKI SITE
- **STEP #3** – WHAT APPROACH PROVIDES A STARTING PLACE TO PROVIDE A DEEPER AWARENESS ABOUT BLOCKS?
- **STEP #4** - UNRAVEL THIS APPROACH AND FOCUS ON ONE ASPECT THAT COULD BE THE NEXT STEP TO DEEPER AWARENESS.
- **STEP #5** – FROM THIS INSIGHT, DEVELOP 2 QUESTIONS; THE FIRST TO START THE SESSION AND THE SECOND TO MOVE INTO USING THE TECHNIQUE.

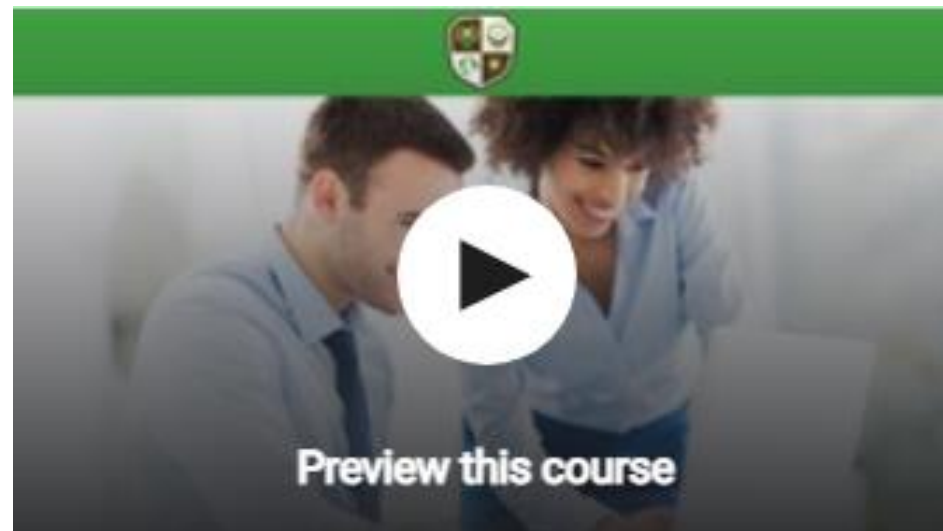
HOW TO USE HUMANISTIC PSYCHOLOGY TO DEVELOP A CHANGES IN MINDSET TECHNIQUE

- **STEP #1** – REVIEW THE WIKI SITE
- **STEP #2** – THINK ABOUT THE PEOPLE YOU COACH, CONSULT OR LEAD
- **STEP #3** – WHEN THEY DON'T HAVE AN ABUNDANCE MINDSET, WHAT CHALLENGES DO THEY EXPERIENCE?
- **STEP #4** – WHEN THEY DO HAVE AN ABUNDANCE MINDSET, WHAT BENEFITS WILL THEY EXPERIENCE?
- **STEP #5** – TAKE ONE OF THE THEORIES AND ADAPT TO DEVELOP YOUR UNIQUE TECHNIQUE TO ADDRESS THE CHALLENGE OR SUPPORT THE BENEFIT.

If you want in-depth Abundance Mindset Training + Done-For-You Chakra Techniques + Ready-To-Use Abundance Mindset Questions for Improved Goal Achievement, then click on the title to learn more about [Goal Achievement Life Coach Certification Training](#)



- "Louise is the living definition of inspiring. Her energy and thought out programs are tailored to help you truly understand your client. She keeps it simple and provides various examples through "storytelling" of different client case studies and their scenarios. This, therefore, gives you a comprehensive guide of how to flourish and thrive."



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