

EMPOWERED MINDSET COACHING MINI-TUTORIAL VIDEO TRAINING SERIES PART 2



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GROWTH MINDSET MISHAPS



WHEN PEOPLE HAVE GROWTH MINDSET MISHAPS, HOW DOES IT SHOW UP?

- 1. LISTEN TO THE DETAILS OF THE
CASE-STUDY**
- 2. WHAT IS THEIR ATTITUDE?**
- 3. WHAT IS THEIR POINT OF VIEW
OR PERSPECTIVE?**
- 4. WHAT LANGUAGE ARE THEY
USING?**
- 5. DO YOU RECOGNIZE THIS
PERSON?**



WHAT WAS THEIR ATTITUDE LIKE?

- In psychology, an attitude refers to a **set of emotions, beliefs, and behaviors toward a particular object, person, thing, or event**. Attitudes are often the result of experience or upbringing, and they can have a powerful influence over behavior.

WHAT WAS THEIR POINT OF VIEW OR PERSPECTIVE?

- Perspective or Point of View – How they SEE everything.

WHAT LANGUAGE DID THEY USE?

- What words and what meaning did they give to those words?

DID YOU RECOGNIZE THAT PERSON?

- Describe this person

DEFINITION OF GROWTH

growth noun

 Save Word

\ 'grōth  \

Definition of *growth*

- 1 **a** (1) : a stage in the process of growing : SIZE
(2) : full growth
 - b** : the process of growing
 - c** : progressive development : EVOLUTION
 - d** : INCREASE, EXPANSION
*// the *growth* of the oil industry*
- 2 **a** : something that grows or has grown
*// a *growth* of willows*

USE COGNITIVE PSYCHOLOGY

EMPOWERED MINDSET SOLUTIONS

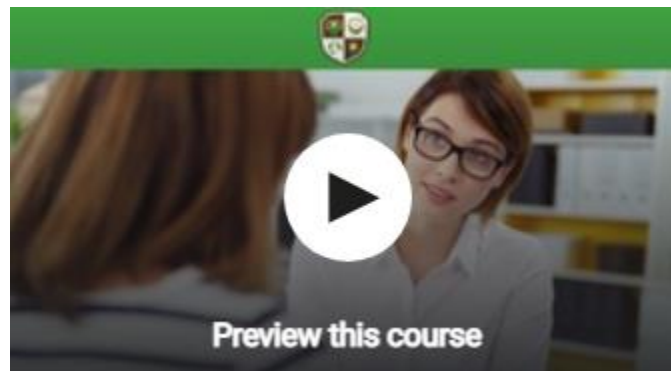
TO SUPPORT A GROWTH MINDSET

- 1. How can you use Cognitive Psychology to develop a Changes in Mindset Technique.**
- 2. What Mindset Coaching Questions can you develop?**



If you want in-depth Growth Mindset Training + Done-For-You CBT Techniques + Ready-To-Use Growth Mindset Questions for Personal Development, then click on the title to learn more about [Personal Development Life Coach Certification Training](#)

- *“After completing the course successfully. I began applying Louise methods with my coaching methods and it delivered tremendous results. In the past, I had only coached adults but with Louise methods I was able to coach kids and youths likewise. Her mode of teaching & technique is easy to follow and apply. She has a way of igniting new or hidden ideas and skills you never knew existed. I would recommend this coaching course and other teaching materials from the empowerment academy to people who desire to develop themselves in various coaching field”*



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Free Training

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