

**ARE**  
**STUBBORN PEOPLE**  
**CONFIDENT?**

**[CLICK HERE TO WATCH EPISODE 7](#)**

# Stubborn Definition [LouiseAnneMaurice.Com](http://LouiseAnneMaurice.Com)

<https://www.merriam-webster.com/dictionary/stubborn>

- **unreasonably** or perversely unyielding
- **justifiably** unyielding or resolute
- suggestive or typical of a **strong** nature
- performed or carried on in an obstinate or **persistent** manner
- **difficult to handle**, manage or treat





# Coaching Stubborn People [LouiseAnneMaurice.Com](http://LouiseAnneMaurice.Com)

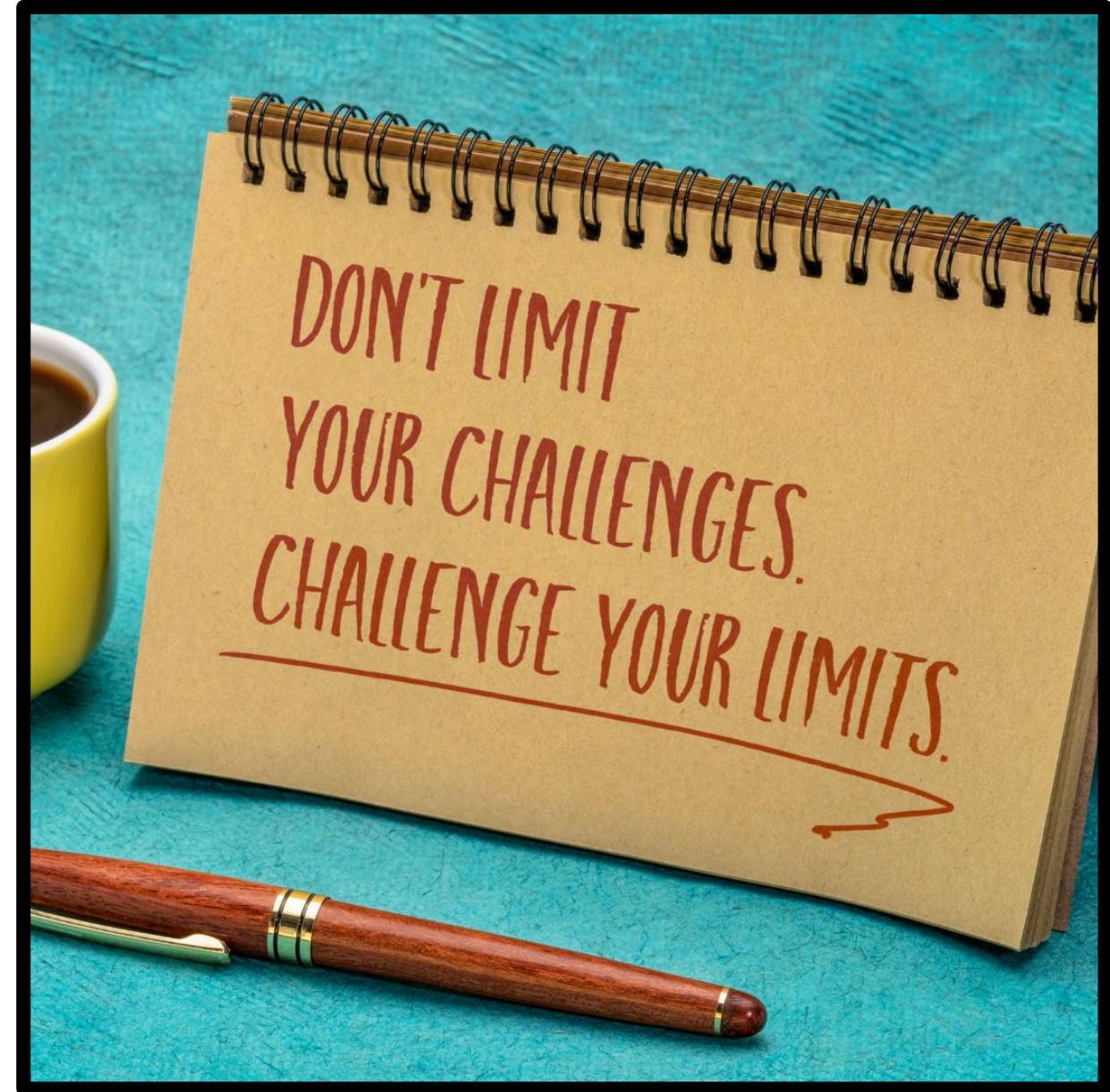
1. How does [listen to the podcast to fill-in-the-blanks for the first 5 questions]?

2. How does

3. What are the

4. How can you

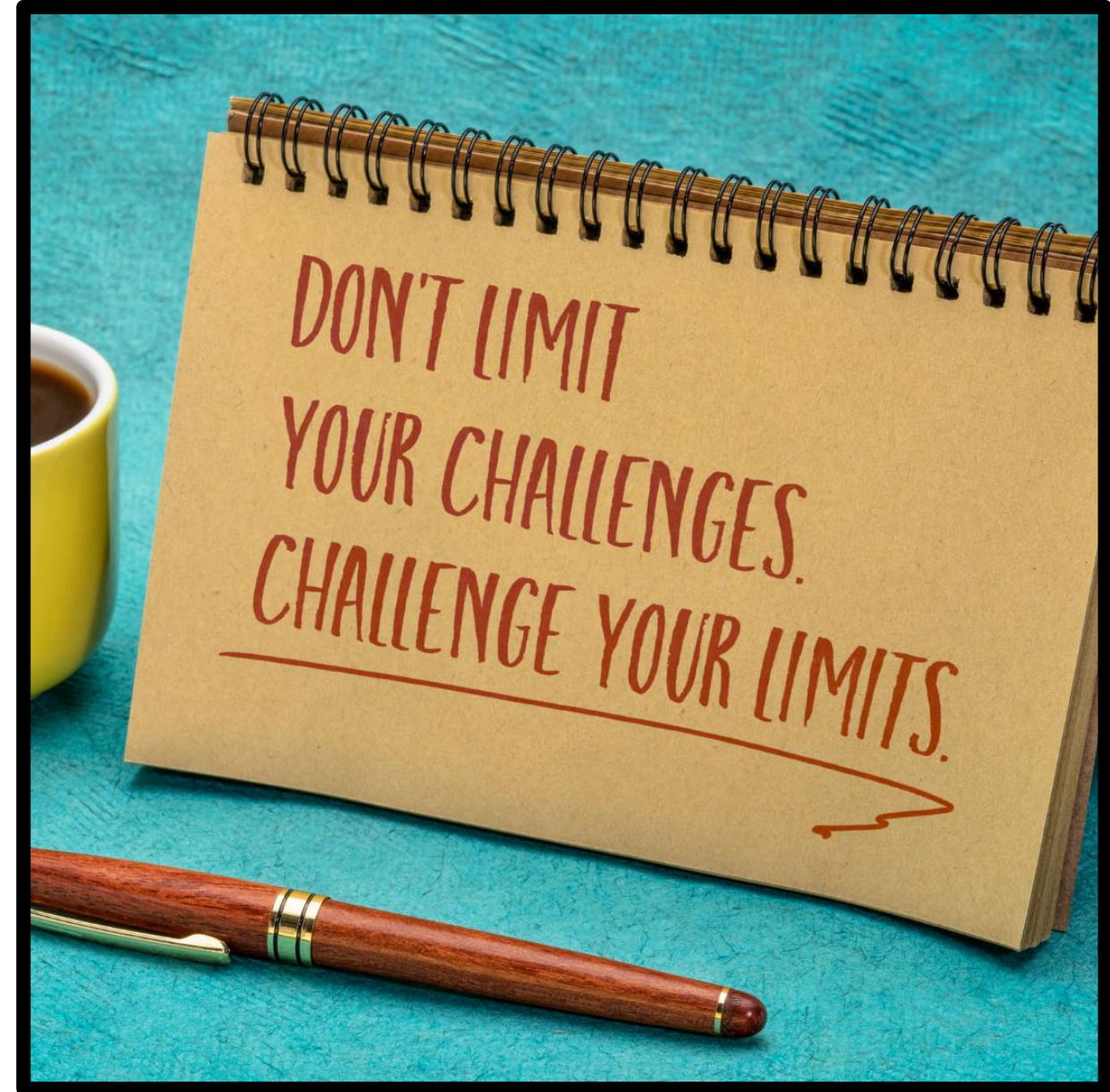
5. What are some





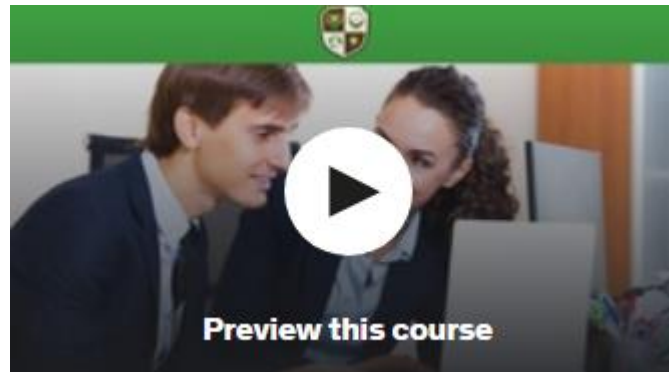
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6. **How can you be more open-minded and flexible in those situations or triggers?**
7. **How do you feel when you change your mind or behavior?**
8. **How do you think others perceive you when you change your mind or behavior?**
9. **What are some examples of people who have changed their mind or behavior for the better?**
10. **How can you celebrate your achievements or successes without being boastful or arrogant?**



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- “A lot more detailed than other courses and I appreciate the thoughtful approach thus far. Getting further into the practicums, the advice is practical and very clear. Simplicity is underestimated and this is a very simply put training. It applies to my natural style very easily which very naturally aligns to what I know Life Coaching as.”





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# Learn with Louise

## LouiseAnneMaurice.Com

How To Be Happy In Life by Louise Anne ...

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Empowerment Expert

LOUISE ANNE MAURICE

### In Life

| Benchmark   | Value |
|-------------|-------|
| Benchmark 1 | 10    |
| Benchmark 2 | 20    |
| Benchmark 3 | 30    |
| Benchmark 4 | 40    |
| Benchmark 5 | 50    |

Free Training



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