

HOW TO COACH FEAR OF SUCCESS

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Louise Anne Maurice



What Should I Do, I Fear Success with @LouiseAnneMaurice

I am starting a new business and as much as I want to be successful, it scares me. I like being chill and don't want to be a frantic mess who can't hang with friends. I think I fear success, what should I do?

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- **Fear of Success Step #1** – What character traits describe your current Chill identity? When people say they like you, what part of your personality do they like? Are you a yes person or a no person or whatever person?
- **Fear of Success Step #2** – Do you consider yourself to be successful right now? Is it that you are not successful that people like you? What agreements have you made with the people in your life?
- **Fear of Success Step #3** – Develop a new agreement that you feel comfortable with and slowly adjust that agreement to take you outside of that comfort zone. Role play your reaction to comments and then adjust so that you are confident responding in an authentic chill way.

Take Empowered Prevention a step further by understanding the root cause of Fear of Success.
Learn more about [Personal Success Life Coaching](#).

- “This experience is amazing, it not only offers a successful road map for my potential clients but it is also a huge guide for me. Love the course so far.”



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In Life

| Benchmark | Value |
|-------------|-------|
| Benchmark 1 | 10 |
| Benchmark 2 | 20 |
| Benchmark 3 | 30 |
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