

## What Should I Do, I Fear Failure with @LouiseAnneMaurice

I don't feel comfortable leaving my staff without guidance. My challenge is overcoming my own habits and letting go of control. I probably fear failure, what should I do?

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- Recall a time when you trusted someone and they let you down. What happened? Did they get as upset as you did? Why didn't they? What did you do to them? What did you say to them? Were you disciplined? What words were expressed? How did you feel?
- When you consider trusting other people today to take care of important matters, do you feel the same way?
- Do you see all of the ways that it will go wrong?
- What type of preventative measures can you put in place?
- If something does fail, how can you approach it so that it becomes a learning experience?

Take Empowered Prevention a step further by understanding the root cause of Fear of Failure.

Learn more about <u>Professional Life Coaching</u>.

 "This course was extremely concise, clear, and well organized. The included resources will prove useful on a personal basis, and once I get my business up and running on a professional level as well. I highly recommend this course to anyone who decides to pursue coaching as a business, is currently a coach, or looks to go deeper and improve his or her own life."



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